

The following information is provided in accordance with Idaho state directives (IDAPA 24, Title 15, Chapter 01, Rule 525).

1. **Name, Business Address, and Phone Number of Licensee.**
 - a. Tobin C. "Toby" Baldwin
 - b. River Mountain Counseling, 3350 Americana Terrance Suite 210B, Boise, ID, 83706
 - c. (208) 703-0446
2. **License Type and License Number, Credentials, and Certifications**
 - a. Licensed Professional Counselor, License Number LPC-6175 (Idaho)
3. **Education and Training**
 - a. Master of Arts, Counseling, Boise State University, 2016
 - b. Master of Science, Psychology, Angelo State University, 2002
 - c. Bachelor of Arts, Psychology, University of New Mexico, 2000
 - d. EMDR Basic Training Parts I and II and consultation completed, 2015
4. **Theoretical Orientation and Approach**
 - a. I integrate techniques from Eye Movement Desensitization and Reprocessing (EMDR), Cognitive Behavioral Therapy (CBT), and Choice Theory. I see counseling as a collaborative process designed to reduce disturbance from trauma, reduce negative thoughts and feelings, build coping skills, and explore potential new choices that can lead to a better life.
5. **Relationship (nature of relationship, fee/billing, cancellation)**
 - a. **Nature of Relationship.** The relationship between counselor and client is a professional one based the client's best interest. It is inappropriate for the counselor and client to have a personal relationship outside the context of counseling. The counselor should not acknowledge the client outside of session, if counselor and client encounter each other in public, unless the client initiates it. Counselor and client should not connect via social media.
 - b. **Fee/Billing.** The fee schedule follows below. Three reduced fee slots are also made available by River Mountain Counseling based on client need and income.
 - i. **Therapy Intake (90791): \$160**
 - ii. **Individual Counseling 60 minutes (90837): \$120**
 - iii. **Individual Counseling 45 minutes (90834): \$110**
 - iv. **Individual Counseling 30 minutes (90832): \$100**
 - v. **Family Therapy Without Patient Present (90846): \$130**
 - vi. **Family Therapy With Patient Present (90847): \$130**
6. **The Extent and Limit of Confidentiality**
 - a. See "Consent for Treatment and Limits of Liability" on separate page.
7. **Sexual intimacy is never appropriate between a counselor and client and should be reported to the board.**
8. **Client's Rights**
 - a. **To be a participant in treatment decisions.**
 - b. **To seek a second opinion.**
 - c. **To file a complaint without retaliation (see number 9 below).**
 - d. **To refuse treatment.**
9. **Board Information (refer to Tobin Baldwin, LPC-6175 when making contact)**
 - a. **E-mail - ibol@ibol.idaho.gov**
 - b. **Fax - (208) 334-3945**
 - c. **Phone - (208) 334-3233**
 - d. **Physical Address: 700 West State Street, Boise, ID 83702**
 - e. **Mailing Address: PO Box 83720, Boise, Idaho 83720-0063**

Client Signature (Parent/Guardian if under 18)

Date

Tobin C. "Toby" Baldwin, LPC-6175

Date