

River Mountain Counseling

Healing, peace, and hope for the future.

Emergency Contact Procedures

River Mountain Counseling's phone number, (208) 703-0446, is for **non-emergency purposes only**. It is intended as a means for clients to communicate with the clinician regarding appointments and other routine matters. It may not always be answered immediately, but clients may text or leave a voicemail, and usually receive a reply within one business day or sooner. Because the phone number is not an on-call emergency hotline, for the safety of all clients, it is not for emergency or crisis use. Similarly, clients may send an email to toby@rivermountaincounseling.com, but this is **NOT** appropriate in mental health crises or other emergency situations.

In the case of a mental health emergency, in which someone presents a risk to themselves or others, please **DO NOT** call the River Mountain Counseling number; instead, immediately call 911, go to an emergency room, or use one of the other local emergency numbers (see next paragraph and the attached list), and contact River Mountain Counseling for follow-up services later.

By signing below, I acknowledge that I have been provided with a pamphlet including multiple local contact numbers to use in case of mental health emergency, including 911 procedures, numbers for local inpatient units, and the Idaho Department of Welfare Mobile Crisis Unit, (208) 334-0808, as well as the Idaho Suicide Prevention Hotline at 1-800-273-8255. Before signing this document, Tobin Baldwin, LPC, has answered all of my questions regarding mental health emergency procedures.

Client Signature

Date

Parent/Guardian Signature (if client is under 18)

Date

Tobin C. "Toby" Baldwin, Licensed Professional Counselor, Idaho LPC-6175

Date